



Mount Mansfield Youth Basketball League

Amateur Athletic Union (AAU) Basketball Season

Frequently Asked Questions (FAQ)

GENERAL ADMINISTRATION

1. What is 'AAU Basketball'?

Officially AAU Basketball is any basketball club/team member of the Amateur Athletic Union (AAU). AAU is also used as a general term for travel or club basketball in which teams aren't tied to a school district program or a rec program. AAU Basketball may also be called 'Spring' or 'Summer Basketball' as most AAU Teams play in the Spring and Summertime. AAU Basketball is tournament-based, where teams play in tournaments held at various sites around the region

2. How is AAU different than school-based basketball, MMYBL Rec or Mini Metro?

AAU Basketball is other in that teams are not restricted to having players from within the MMU School District. Players can play with any basketball club that they want in AAU. Also, AAU Clubs/Teams are not funded through Municipal, School, or Rec Program funds or private clubs/teams. They are entirely funded by dues/fees and typically are not non-profit organizations.

3. Who Runs AAU Basketball for MMYBL?

MMYBL helps sponsor AAU Teams by providing administrative support for recruiting players, coordinating sign-ups and any tryouts, assisting coaches with scheduling practices. Beyond that, teams and coaches establish their own rules and codes of conduct and schedule when and where they play in AAU Tournaments. MMYBL will establish an AAU Club for teams to use for administration.

4. So the Coaches run their teams?

Yes, Coaches set the rules for who they take onto their team, when/where they practice, and what tournaments they play in.



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SEASON INFO

1. Where do teams practice?

It depends on a few different factors, but on average, it's between \$70-\$200 per player/season to join a team. The coaches set costs based on how many tournaments are played, how many players are on the team and if teams get new or different uniforms, and how expensive uniforms are. Travel costs for players and families, including food and lodging for tournaments out of Burlington or out of Vermont, are not included in those costs.

2. Where do teams practice?

Teams can practice at any location where MMYBL or Coaches can get space. MMYBL will try to get time at schools within the MMU School District, but court time may be at other locations in and around the school district.

3. Where do teams play?

Tournaments are held throughout Vermont and New England, and the Northeast at various sites.

4. How long is the season?

March through August is when most tournaments happen. Teams decide when and where they play

5. Will playing AAU interfere with Spring Sports?

Most coaches keep in mind that players will want to play Baseball/Softball, Spring Soccer, Lacrosse, or other Spring or Summer sports and schedule accordingly. One of the great things for parents is that they have more direct input into when their players can participate and when they do not because of the tournament-based season.



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AAU Play

1. What is the age/grade structure?

AAU tournaments are structured by age, using the 'Under-XX Age' concept. Teams are placed into a tournament division based on the age of the oldest player on the roster.

Grade 4	U10
Grades 5-6	U11 or U12
Grades 7-8	U12-14
Grades 9-12	U14-U17

1a. My Son/Daughter can play with older/more advanced competition; can they play with older kids?

Yes, they can as long as they are socially and physically able to play with kids older than them-this is at the Coach's discretion..

1b. If my Son/Daughter has a birthday during the season, that might make them the oldest kid on the team. Can this affect the team?

MMYBL encourages players to 'play up' if they feel comfortable doing so. Again if THE PLAYER expresses interest and ability to play with older kids.

2. How will registration work?

MMYBL will post sign-ups for each grade level (3-8) for those interested so coaches can contact individual players' families to gauge interest and arrange for try-outs.

3. How will teams be formed?

Each Coach will determine the roster for their team based on player maturity, skill, and knowledge of the game. There is no requirement for AAU teams to keep all interested in participating, and teams are formed to be as competitive as possible.

4. So there are cuts?

Yes. If a coach feels the player doesn't give the team the best competitive advantage in AAU tournaments, coaches can cut players from a roster.



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4. Who are the Coaches?

The Coaches are MMYBL Coaches that many of our players will know. However, coaches do not have to be MMYBL Coaches and can come from outside MMYBL to coach and form teams.